

Hey Dads - Your Involvement MATTERS!

Starting a “Dad’s Group”

Children benefit emotionally, cognitively and socially when their families are actively involved in their lives. It is important to find ways to engage fathers in school and home activities. When fathers are involved in school their children will perform better in school, have healthier behavior and fewer discipline problems. Below are some ideas for involving fathers at their children’s schools.



Families lead, kids succeed.

- Form a dads’ group at their children’s school to meet other dads’ and build a positive support group.
- Design meetings and programs around a common interest - ask the dads which topics they are interested in and if they would like to have guest speakers on specific topics.
- Ask the school staff to identify male leaders and invite them personally to the dads’ group.
- Dads inviting other dads or peer to peer invitations can have great results.
- Have the dads’ group meetings at a time that is convenient to the fathers.
- Maintain a broad definition of “father.”
- Provide refreshments and ask if child care is needed.
- Provide resources that will help dads be involved in their child’s education at home.
- Find a male staff person (it could be anyone!) to lead the group.
- Explore additional opportunities for leadership at school (PTA, etc.) and invite dads to participate.